

ANERKJENNENDE

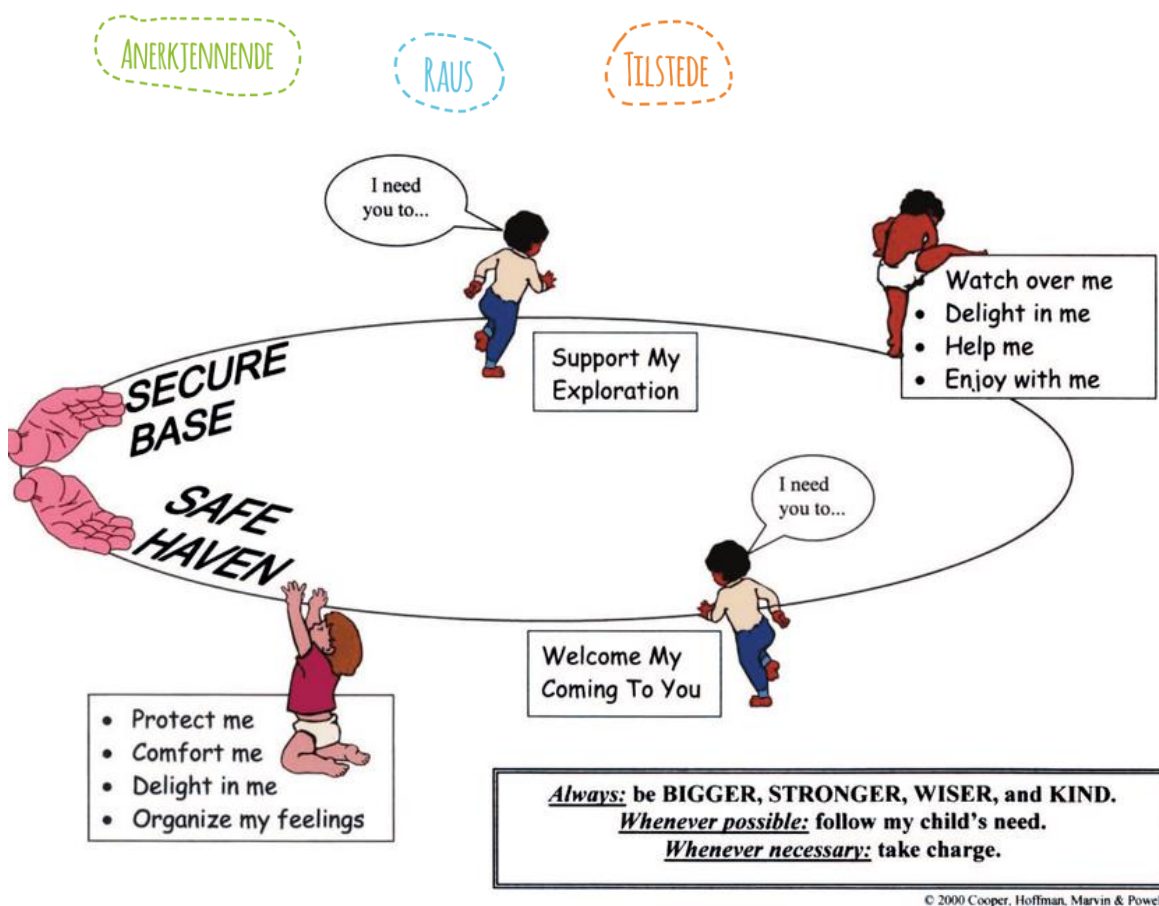
RAUS

TILSTEDE

KIDSA
barnehager

WELCOME TO KIDSA BREISTEIN





The employees in Kidsa Breistein have good knowledge of safe connection and we use the circle of security actively. We also have our own certified supervisor that guides and educates the employees. The circle of security helps us to support the children in their exploration, it helps us to interpret the child's needs and to support the children in different emotions.

Some children get used to and secure quickly, other children spend a little longer getting safe. This is completely normal. When the children starts in kindergarden, we enter into a dialogue with you and facilitate the individual child. We encourage those who can to let the children have shorter days in the first weeks. Our experience is that getting safe can be easier this way. The child gets a security person who have an extra follow-up with the child and who is its safe haven. During the first week, you will be offered a start-up conversation. More information, etc. comes with the start-up papers.

For a small child, security comes first. The human child comes into the world with a built-in and automatic "program" to seek security and protection. Attachment is the innate ability to seek and stay close to one or a few adults, and thus ensure their own security and survival. Children must first feel safe before exploring, and learning about, the world around them.



Jump is one of the concepts that gets special focus in our kindergarden. Jump will help promote children's motor development and joy of movement. Here at Kidsa Breistein, we have our own active-room where we facilitate physical play, in a varied movement environment. The children will experience motivation and mastery through organized activities and play. The concept is taken further into the play in everyday life, also in theme groups, during gatherings or in the exploration of the local environment on a hike. The «Rammeplan for barnehager» say that that "Children should be included in activities where they can be in motion, play and social interaction and experience motivation and mastery based on their own prerequisites." (Ministry of Education, 2017, p. 31).

The Jump annualwheel is a tool that will ensure versatile development for the children. The wheel refers to periods where we have a special focus on certain basic motorskills. This facilitates varied physical activity and promotes children's motor development, both indoors and outdoors. Children should be very active. The more active the children are, the more they train important senses, and when we are moving, the brain matures.



LANGUAGE

Language is the key to learning, and for understanding the world around us.

Language is our foremost social, cognitive tool, and it is used for:

- interaction
- to think
- to learn
- to acknowledge

What is Cognition?

- Ability to understand oneself
- Be able to put into words how you feel
- It is what you think, feel, want and need

Language skills:

Is not first and foremost important for the children to succeed in school, it is important to have a good time with themselves and others, here and now, and later in life

In Kidsa Breistein:

We're good rolemodels and put into words what we see and do, all day.

We name correctly and bathe the children in words

We use songs, music and convey stories / fairy tales on the children's terms

We use a lot of visual support



In our Rainbow Forest, the children experiences joy and mastery through versatile movement experiences. There, the children make their first experiences in rough terrain, in a safe environment and it's close to the kindergarten. The area is part of our outdoor area, and for our little ones it feels like a whole new world.

The children experience changes in nature throughout the year. In the summer we find blueberries, we lift rocks and find insects. In the winter, it becomes our own toboggan run, and the children get experiences with different surfaces.

Here we have our own barbecue hut, and it is fantastic to see the joy in the children's eyes, when they experience flames in the fireplace.

Go Green: is our environmental concept: We teach children to take care of nature. We talk to them about not breaking branches, that we should leave the insects we find here alone, we pick and throw garbage, source sort and we leave the forest in the same condition as when we arrived. Exciting to see, and learn about nature, through committed and present adults.





Our meals – Mat med smak

At Kidsa Breistein, we are concerned that food is so much more than just eating. Enjoyment of food, language development, science, social competence, waiting for your turn, a good conversation and a feeling of mastery around the meal are important.

This means, amongst other things, that the children are involved in the processes around cooking, the children are allowed to influence the content of food groups and they get to clean up after the meal.

During the meal itself, we look at this as a fantastic educational arena. Here we can practice waiting for our turn, we name everything we do and what we eat, and the employees take children's input and build on this. In the kindergarten, employees experiences that children want to taste several different flavors, and they like to explore with other children.



In Kidsa Breistein, children are served breakfast, lunch and fruit during the day. This means that we are a full-fledged kindergarten and you do not have to bring food to the kindergarten.

It is important that there are always vegetables for the meals and we also have the vegetable of the week, where we have extra spotlight on a taste. The children get wholemeal bread, wholemeal cereals for the meals and in the afternoon we also serve crispbread for the fruit, we see that many children are very hungry at this time.

We are also used to the fact that there are some children, especially among the little ones, who can't eat everything. There may be allergies, intolerances and religious reasons for this. We have good expertise in this, and we prepare good plans for this in close collaboration with you parents. We are also so lucky that we at Kidsa Norlandia have our own nutritionist, she has courses for the staff and we can also call and discuss important nutritional issues with her.



For children, it is also exciting to see where the food comes from. We grow different vegetables in the kindergarten and we teach the children where the food comes from, from farm to fork.

